

Instructions for students returning from abroad (student exchange programmes or private trips)

Dear students,

Based on the revised NIJZ guidelines on **self-isolation**, we provide guidance for students (travellers) coming from locations with a high incidence of coronavirus. Follow the information on the global infection hotspots on the NIJZ website (<https://www.nijz.si/sl/pojav-novega-koronavirusa-2019-ncov>).

As the current epidemiological situation in Slovenia does not call for extraordinary measures, no special restrictions on daily activities are in place, neither in the work environment nor in everyday life. No special measures are therefore required for any people coming from areas where the new coronavirus is emerging (a list of hotspots is available on the NIJZ website) and who do not feel sick. These people may work normally with other staff members and do not require self-isolation at home. However, it is recommended that these people carry out all preventive measures with especially great care (especially hand hygiene, cough hygiene and close monitoring of any changes in their health status). We especially urge all of you to respond immediately in the event of any changes in your state of health, and to stop your work at the Faculty, as this will greatly help to curb the spread of the virus. In agreement with the Academic Affairs Office and your year tutor, you will be able to make up for any missing laboratory or practical classes at the earliest possible date, so your studies (and consequently advancement to the next year) will not be jeopardised by self-isolation.

Based on the NIJZ position presented above, all of you can return to the academic environment at the faculties as soon as you return home from your travels.

However, the University of Ljubljana Special Coordination Team has decided that THIS DOES NOT APPLY TO students who participate in clinical training carried out directly with patients or other persons who are more likely to have a serious course of illness (e.g., residents at special institutions, retirement homes, etc.). Self-isolation is recommended for these students.

All of you who have been in areas with high COVID-19 incidence over the past two weeks, or have been in contact with people from these areas or suspect you may be infected with SARS-CoV-2, please follow the following instructions:

- Do not attend any classes or other activities in a clinical setting (or work in an institution where you may come in contact with any of the risk groups) for the next fourteen days, regardless of your medical condition;
- Immediately inform your year tutor and the Academic Affairs Office at the Faculty (individual clerk in charge of a specific stream), who will record your absence accordingly;
- If you experience symptoms of coronavirus infection (fever, cough, shortness of breath, breathing difficulties) during this period, please inform your GP by phone or email; in this case you must also remove yourself from the academic environment at the Faculty; do not go to the health centre or clinic unannounced in order to avoid infecting others. The health service has been informed of the necessary measures and is well prepared for cases of suspected coronavirus infection. Follow the guidance of healthcare professionals.

If you do not get ill during the fourteen-day period, you can return to your clinical training;

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- In addition to these instructions for performing work in a clinical setting, also follow all the instructions provided by the institution where you are involved in the work process;
- If you are absent from any mandatory classes during your time away, then immediately after completing the fourteen-day self-isolation check in with the Academic Affairs Office clerk to coordinate the missing obligations and set new dates for the classes.

Best regards,
Coordination Team

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